

# Study on Inheritance and Innovation of Cangxi County Pear Flower Dragon Dance Campus

Bin Wang<sup>1</sup>, Zedong Cai<sup>1</sup>, Mingxiang Yang<sup>2,\*</sup>

<sup>1</sup>College of Physical Education and Health Science, Zhejiang Normal University, Jinhua, Zhejiang, China

<sup>2</sup>Yongkang NO.5 Middle School, Jinhua, Zhejiang, China

\*Correspondence Author, 1493078541@qq.com

**Abstract:** By using the methods of literature, logical analysis and expert interviews, this paper studies the inheritance of the Pear Flower Dragon Dance in Cangxi County, explains the origin of the Pear Flower Dragon Dance in Cangxi County, and analyzes the present situation of the inheritance of the pear flower dragon dance in Cangxi County, it is found that there are difficulties in the inheritance of the Pear Flower Dragon Dance in Cangxi County, such as the difficulty in acquiring knowledge, the shortage of teaching resources, the lack of policies and institutions, etc. , in view of the difficulties, this paper puts forward some strategies to solve the difficulties, such as unblocking the knowledge supply channel, optimizing the allocation of teaching resources, perfecting the supporting policies and systems, etc.

**Keywords:** Cangxi County Pear Flower Dragon Dance; Passing on; Innovation.

## 1. INTRODUCTION

Cangxi pear dragon dance belongs to a kind of dragon dance, has a long history, it is by the Cangxi folk artists will snow pear country of "pear" and Cangxi dragon dance for the fusion and the formation of the traditional sports with local cultural characteristics. Since the 19th Party Congress, in the context of the in-depth implementation of cultural self-confidence and cultural self-awareness of the development of traditional national sports, the traditional national sports as part of the Cangxi pear dragon dance also gradually surfaced from the hidden world, while in the academic research, also from the popular dragon dance research to local, folkloric dragon dance research close, but with the rapid development of urbanization, people are still determined to survive However, with the rapid development of urbanization, people are still determined to pursue those cultural matters which are gorgeous in appearance but no inner, thus the protection consciousness of Cangxi pear dragon dance has a greater impact, resulting in the Cangxi pear dragon dance in people's vision is hidden, facing the embarrassing situation of uncertain survival. With the introduction of the Opinions on Comprehensively Strengthening and Improving School Sports in the New Era [1], the heritage of Cangxi Pear Blossom Dragon Dance has been injected with a shot of cardiac stimulant, which has opened up a new path for its heritage into the campus. In order to make the Cangxi pear dragon dance campus heritage can be successfully launched, to start the Cangxi pear dragon dance campus heritage research is a must. Therefore, the current situation, dilemma and countermeasures of Cangxi pear dragon dance campus heritage is explored to provide theoretical reference for Cangxi pear dragon dance campus heritage and innovation.

## 2. RESEARCH RESULTS AND ANALYSIS

### 2.1 The origin of Cangxi Pear Blossom Dragon Dance

Cangxi pear dragon dance is in August 2008 was included in the Cangxi County intangible cultural heritage list of the first batch of traditional sports projects, its origin in Cangxi County Lingjiang Town. Legend has it that people to celebrate the snow pear harvest, bold dragon dance props with a large pear flower instead, style more beautiful and eye-catching than before, dance beautiful and not lose the wind, popular with the people. Since then, every year on March 18 "pear festival", there will be eighteen pear country boys and girls dancing pear dragon to cheer, long and become a habit, has become a beautiful scenery known far and near [2].

With the change of the times, Cangxi pear dragon dance props production process is constantly progressive, its display form is also constantly changing. Cangxi pear dragon dance props are composed of a large dragon, a small dragon and a lead lamp, the previous props are made of rattan, but now the props with materials have a big change, the large dragon in addition to the dragon's tail, the dragon body by a pear prop inlay woven; small dragon is made of gabions and fabric woven; lead lamp is made of bamboo strips and colored cloth woven; in the form of display has changed the previous single form. Now the pear dragon dance is not only the dragon dance solo performance, but to dance as a companion. Its main dance formations are "swimming dragon floating water", "nine dragons playing in the water", "original field chasing treasure", "nine dragons show claws ", "Mighty Dragon Swinging Tail", "Green Dragon Turning Back", "Crouching Dragon Turning Over", "Qiao Crossing Eight Formations "and so on, so that the Cangxi pear dragon dance formed a traditional sports with modern characteristics.

The research of the concept of core strength has been widely concerned since the beginning of its concept. Only with enough understanding of core strength can it be better used in sports training activities.

## 2.2 Cangxi pear dragon dance campus heritage status

### 2.2.1 The spread of Cangxi pear dragon dance from folk to campus

Cangxi pear dragon dance is a traditional sport that grows up in the local culture of Cangxi, and its spread from the folk into the campus began in 2006. Previously, the Cangxi Pear Blossom Dragon Dance was only spread in Cangxi County Lingjiang Town and other areas, in 2006, because Cangxi City Suburban Middle School was going to participate in the Junior Military School parade, the school decided to choose the Cangxi Pear Blossom Dragon Dance as a special project for the parade, and was brought by Cangxi City Suburban Middle School to the capital Beijing to participate in the Chinese Junior Military School General School parade, and won the gold medal in the cultural show [2]. It is also this chance to Cangxi pear dragon dance planted the seeds of campus dissemination. But according to the research Cangxi pear dragon dance is only in Cangxi suburban middle school this school has spread, and other schools did not spread.

### 2.2.2 Teaching status of Cangxi Pear Blossom Dragon Dance

The campus is an important place for Cangxi Lihua dragon dance to be passed on, which can give better protection and inheritance to Cangxi Lihua dragon dance. Let its integration into the campus physical education curriculum for inheritance not only can inherit the excellent Chinese traditional culture, but also can play its own function to promote the development of students for the better, cultivate students' sentiment and improve their cultural connotation. However, at present, only one school in Cangxi City Suburban Middle School has set up the teaching content of Cangxi Pear Blossom Dragon Dance, and the duration is short [3]. It is known from the research that the teachers of the dragon dance teaching in the suburban middle school are not the teachers of our school, but the external folk inheritors. In the teaching process, they found that the teaching content of the Cangxi Pear Blossom Dragon Dance is difficult for students to learn to practice, and its technical movements are difficult for students to practice, so that the Cangxi Pear Blossom Dragon Dance in the suburban high school is not satisfactory.

### 2.2.3 The policy of school heritage of Cangxi pear dragon dance

Cangxi pear dragon dance into the campus heritage for Cangxi pear dragon dance and school and the physical and mental impact of students is self-evident. Cangxi pear dragon dance into the campus heritage needs to be supported by relevant policies to achieve twice the result with half the effort. Searching for the policies related to the school heritage of Cangxi Pear Blossom Dragon Dance, we found the Law of the People's Republic of China on Intangible Cultural Heritage (Decree No. 42 of the President of the People's Republic of China) issued by the Central People's Government [4], the Opinions on Further Strengthening the Protection of Intangible Cultural Heritage issued by the Ministry of Education of the People's Republic of China [5], the Implementation Plan for the Revitalization of Traditional Crafts in Sichuan Province issued by the Sichuan Provincial Department of Culture [6] and the notice of the document "Opinions on Further Strengthening the Protection of Intangible Cultural Heritage" [7] issued by the People's Government of Cangxi County, these documents have played a positive role in the protection and inheritance of the Cangxi Pear Blossom Dragon Dance. The policy and system about directly supporting the heritage of Cangxi Pear Blossom Dragon Dance on campus was not consulted. When the "Compulsory Education Physical Education and Health Curriculum Standards (2022 Edition)" was promulgated, the position of physical education and health curriculum in the secondary school curriculum system was greatly enhanced. Based on this, the relevant policies and systems should be formulated with full consideration of the campus heritage of Cangxi Pear Blossom Dragon Dance, and give some inclination.

## 2.3 The dilemma of inheritance and innovation of Cangxi Lihua dragon dance campus

### 2.3.1 Knowledge acquisition is harder

Nowadays, under the influence of the baton of the college entrance examination, students pay more attention to the knowledge content related to "mathematics, science and chemistry" and how to quickly improve their scores, and pay less attention to other content including Cangxi Pear Blossom Dragon Dance and have few channels to obtain the knowledge. Students can only get the knowledge information through teachers, related publicity materials, the Internet and the creation of campus culture, but according to the research, the above-mentioned ways do not reach the students' knowledge of Cangxi pear dragon dance. First of all, in terms of teachers, there is no relevant professional teacher in the school, can not play the role of the needle on the students, resulting in the lack of student awareness of the Cangxi pear dragon dance; secondly, the intellectual content of the Cangxi pear dragon dance can not be compiled into a knowledge book, it is the main source of knowledge information for students after learning, the lack of popular book, students learn relatively little knowledge, it is difficult to form a systematic understanding of it; again, in today's developed network, the network, the network and the creation of campus culture; Again, in today's developed network, many intangible cultural heritage take the multimedia express train for inheritance, the situation presents better, but the Cangxi Pear Blossom Dragon Dance is seldom network publicity, also make the students to Cangxi Pear Blossom Dragon Dance knowledge can not reach; Finally, the acquisition of knowledge can not be separated from the creation of campus culture, a good atmosphere can promote the students in the unconscious state to absorb the knowledge information recommended to them. However, because the Cangxi pear dragon dance has only entered a school in the suburbs, the campus atmosphere is cold, there is not a bit of embellishment about the dragon dance.

### 2.3.2 Shortage of teaching resources

As intangible cultural heritage, Cangxi Pear Blossom Dragon Dance is a drop of water in the sea of excellent Chinese traditional culture, which has the ability to promote quality education and students' moral, intellectual, physical and aesthetic attainment. However, in the specific implementation process, due to the serious shortage of teachers and the teaching content is not suitable for students to learn, so that the Cangxi Pear Blossom Dragon Dance is difficult to integrate into the physical education and health curriculum. Cangxi suburban middle school set the Cangxi pear dragon dance as a teaching content in the physical education and health curriculum for teaching, but eventually this matter lasted for a period of time without end due to the lack of full-time teachers. Even if there is a good teaching content, but the lack of professional teachers, it can not be properly carried out and promoted, Cangxi suburban middle school is facing such a situation, other schools are also more so.

In terms of teaching content, Cangxi pear dragon dance because the props are quite heavy, technical movements are difficult, need students to have sufficient physical fitness and good coordination to master its technology, coupled with the current physical fitness and health status of our students exist lung capacity level, explosive power, speed, strength, endurance quality instead of increasing the dilemma of decreasing, obesity detection rate is continuing to rise, thus leading to many students to learn more difficult.

### 2.3.3 Lack of policy system

The promulgation of the policy system has a positive effect on the protection and inheritance of Cangxi pear dragon dance. The national and Sichuan provincial policies and systems and provisions related to the Cangxi Pear Blossom Dragon Dance are only instructions from the macro top level, while the Cangxi people's government as a city and county level has not issued more detailed specific policies and systems related to the heritage of the Cangxi Pear Blossom Dragon Dance campus, only promulgated some policies and systems with "emphasis on intellectual education, light on sports". The policy documents, resulting in schools without cangxi pear dragon dance teachers, no cangxi pear dragon dance teaching content set, no students applicable cangxi pear dragon dance props, and even school teachers and students on cangxi pear dragon dance know less, these are no policy leaning or support out of the reality of the phenomenon, is also cangxi pear dragon dance in schools to carry on the real picture of the inheritance difficult.

## 2.4 The path of inheritance and innovation of Cangxi Lihua dragon dance campus

### 2.4.1 Unblock knowledge supply channels

Unblock the knowledge information supply channel of Cangxi Lihua dragon dance, improve the quality of its knowledge information supply, meet the students' knowledge demand for dragon dance culture, and improve the previous ways in order to make the students obtain the dragon dance knowledge channel smoothly. First of all, to consolidate the teacher teaching channel, teachers should set an example, continuous learning, establish the concept of lifelong learning, broaden the horizon of knowledge, update the knowledge structure, enrich the teacher's own cultural connotation, and constantly improve professionalism and education and teaching level, in order to better transmit the knowledge of Cangxi pear dragon dance to students; secondly, open up the popularization channel of publicity brochures, schools should actively create conditions to meet the desire of students to learn knowledge, compile a booklet on dragon dance. Then, open up the network promotion channel, the school should use the modern network media, take the fast train of the times, set up the official website and APP of Cangxi Pear Blossom Dragon Dance, as the core, set up the official micro-blog and official weibo public number, form the online promotion mode, guide students to explore and experience Cangxi Pear Blossom Dragon Dance [9]; Finally, to establish the knowledge radiation channel, the school should actively create a good atmosphere, set up posters of Cangxi Pear Blossom Dragon Dance in the campus bulletin board, and also set up Cangxi Pear Blossom Dragon Dance sculptures in a prominent position in the campus, so that the school is full of the atmosphere of dragon dance, so that students are immersed in the atmosphere of Cangxi Pear Blossom Dragon Dance, which provides an important guarantee for students to obtain the cultural knowledge of Cangxi Pear Blossom Dragon Dance. Besides, the school can also carry out the art festival for middle school students, and carry out the collection activities such as handwritten newspaper and plastic clay, so that students can participate in it and actively learn the cultural knowledge of Cangxi Pear Blossom Dragon Dance. At the same time, it can also take advantage of the annual sports meeting to carry out the Cangxi Pear Blossom Dragon Dance competition, to improve the students' ability to work together and collectivism, to provide an important channel for better understanding, experiencing and spreading the cultural knowledge information of Cangxi Pear Blossom Dragon Dance.

### 2.4.2 Optimize the allocation of teaching resources

Cangxi pear dragon dance to choose to enter the school for heritage, there is only one way to go, that is to integrate it into the physical education and health curriculum, become a teaching content. By teachers to teach students to achieve heritage. The problem then arises that in order to teach, the issue of teachers and suitable teaching content needs to be addressed. The lack of professional teachers and the lack of suitable content that is easy for students to learn and practice make teaching impossible. Therefore, first of all, to solve the problem of teachers, schools can hire more profound and practical experience of dragon dance experts as external teachers. Through the experts teach while training our full-time teachers, and finally form a team of teachers

mainly with full-time teachers in our school, supplemented by experts outside the school [10], so as to continuously optimize the allocation of teacher resources, in order to act on the healthy and good promotion of Cangxi pear dragon dance in the campus.

Secondly, to solve the problem of difficult teaching content, we have to adapt the props of Cangxi pear dragon dance according to the actual condition of students, change the original state so as to crack this problem; simplify the technical action of Cangxi pear dragon dance, create simple action sets; according to the physiological condition of students, make the props of Cangxi pear dragon dance suitable for students.

#### 2.4.3 Improve the support policy system

In order to make the Cangxi pear dragon dance in the campus better inheritance, the city and county level government departments to strengthen the top-level design, the implementation of the Cangxi pear dragon dance campus inheritance. First of all, to improve the talent training policy, to carry out the planning of talents, team building, cultivate capable people and inheritors, give the outstanding teachers backbone corresponding encouragement, play the role of subject leader, promote the development of campus Cangxi Pear Blossom Dragon Dance; Secondly, to develop a funding guarantee system, improve the tilt of Cangxi Pear Blossom Dragon Dance, provide sufficient financial support, and then promote the campus inheritance of Cangxi Pear Blossom Dragon Dance Finally, with the promulgation of the document "Compulsory Education Physical Education and Health Curriculum Standards (2022 Edition)"[8] issued by the Ministry of Education, physical education has risen to the main position in the secondary school curriculum system, in this context, the relevant departments at the city and county level should develop policies and systems that tend to the development of physical education and health curriculum, in order to promote the integration of the Cangxi Pear Blossom Dragon Dance into the physical education and health curriculum, and play its function to cultivate students Moral, intellectual, physical and aesthetic all-round development.

### 3. CONCLUSION

As the intangible cultural heritage, it is our mission and task to promote the heritage of Cangxi Pear Blossom Dragon Dance on campus. To do a good job of inheritance and innovation of Cangxi Pear Blossom Dragon Dance, we must pay attention to scientific planning, not to take one step to see one step, but to lay a good foundation at the beginning of the construction. Cangxi pear dragon dance in the process of campus heritage faces many problems, in order to make it better and promote, unblocking the knowledge supply channel is to improve the cognitive way of teachers and students to Cangxi pear dragon dance, is also the way to go; optimize the allocation of teaching resources is the majority of teachers and students to learn Cangxi pear dragon dance guarantee, is also the way to go; the improvement of the policy system can effectively implement the protection and heritage of Cangxi pear dragon dance, relevant departments and The school should do a good top-level design for the heritage of Cangxi pear dragon dance campus, establish a standardized protection management system, keep pace with the times, and constantly look at the world, so that the Cangxi pear dragon dance in the campus can be better inheritance and innovation.

### REFERENCES

- [1] Sichuan Provincial Department of Education. General Office of the Central Committee of the Communist Party of China General Office of the State Council issued "Opinions on comprehensively strengthening and improving school sports in the new era" [EB/OL]. (2020-10-26) [2022-3-21]. <http://edu.sc.gov.cn/scedu/c101518/2020/10/16/37dec86f95574f54a48e4ee4e04991b2.shtml>.
- [2] Qunxian He. Cangxi Pear Blossom Dragon Dance [O]. Handwritten copy.
- [3] Yinghui Zhang. Discussion on the current situation, problems and countermeasures of the lack of physical education teachers[J]. New Course (Next), 2016(01): 214-215.
- [4] Central People's Government. Law of the People's Republic of China on Intangible Cultural Heritage (Decree of the President of the People's Republic of China No. 42) [EB/OL]. (2011-02-25) [2022-03-23]. [http://www.gov.cn/flfg/2011-02/25/content\\_1857449.htm](http://www.gov.cn/flfg/2011-02/25/content_1857449.htm).
- [5] Ministry of Education. Opinions on further strengthening the protection of intangible cultural heritage issued by the State Office of the Central Office [EB/OL]. (2021-08-13) [2022-03-28]. [http://www.moe.gov.cn/jyb\\_xwfb/s5147/202108/t20210813\\_550918.html](http://www.moe.gov.cn/jyb_xwfb/s5147/202108/t20210813_550918.html).
- [6] Sichuan Provincial People's Government. Notice of the General Office of the People's Government of Sichuan Province on Forwarding the Implementation Plan for the Revitalization of Traditional Crafts in Sichuan Province by the Department of Culture and Other Departments [EB/OL]. (2018-08-08) [2022-04-03]. [https://www.ihchina.cn/zhengce\\_details/11602](https://www.ihchina.cn/zhengce_details/11602).
- [7] Cangxi County People's Government. Opinions on Further Strengthening the Protection of Intangible Cultural Heritage [EB/OL]. (2021-08-13) [2022-04-10]. <http://www.cncx.gov.cn/news/show/20210813095019720.html>.
- [8] Ning Gu. Physical Education and Health Curriculum Standards for Compulsory Education (2022 Edition) Released - School Physical Education Classes Will Become More Interesting [EB/OL]. (2022-04-28) [2022-04-28]. <https://www.sport.gov.cn/n20001280/n20067626/n20067766/c24244877/content.html>.
- [9] Baozhan Wu, Wang Kai. The choice of the path of popularization and promotion of Emei martial arts culture - from "offline" to "online"[J]. Journal of Neijiang Normal College, 2017, 32(12): 37-41.
- [10] Qing He. Research on the strategy of "internal training and external attraction" of rural art education teachers[J]. Journal of Shaanxi Preschool Teachers College, 2016, 32(02): 145-148.

## **Author Profile**

**Bin Wang**, professor, master tutor, School of Physical Education and Health Sciences, Zhejiang Normal University. Research direction: humanities and sociology of sports. Email: 330977873@qq.com.

**Zedong Cai**, postgraduate student of Zhejiang Normal University. Research direction: physical education. E-mail: 870637677@qq.com